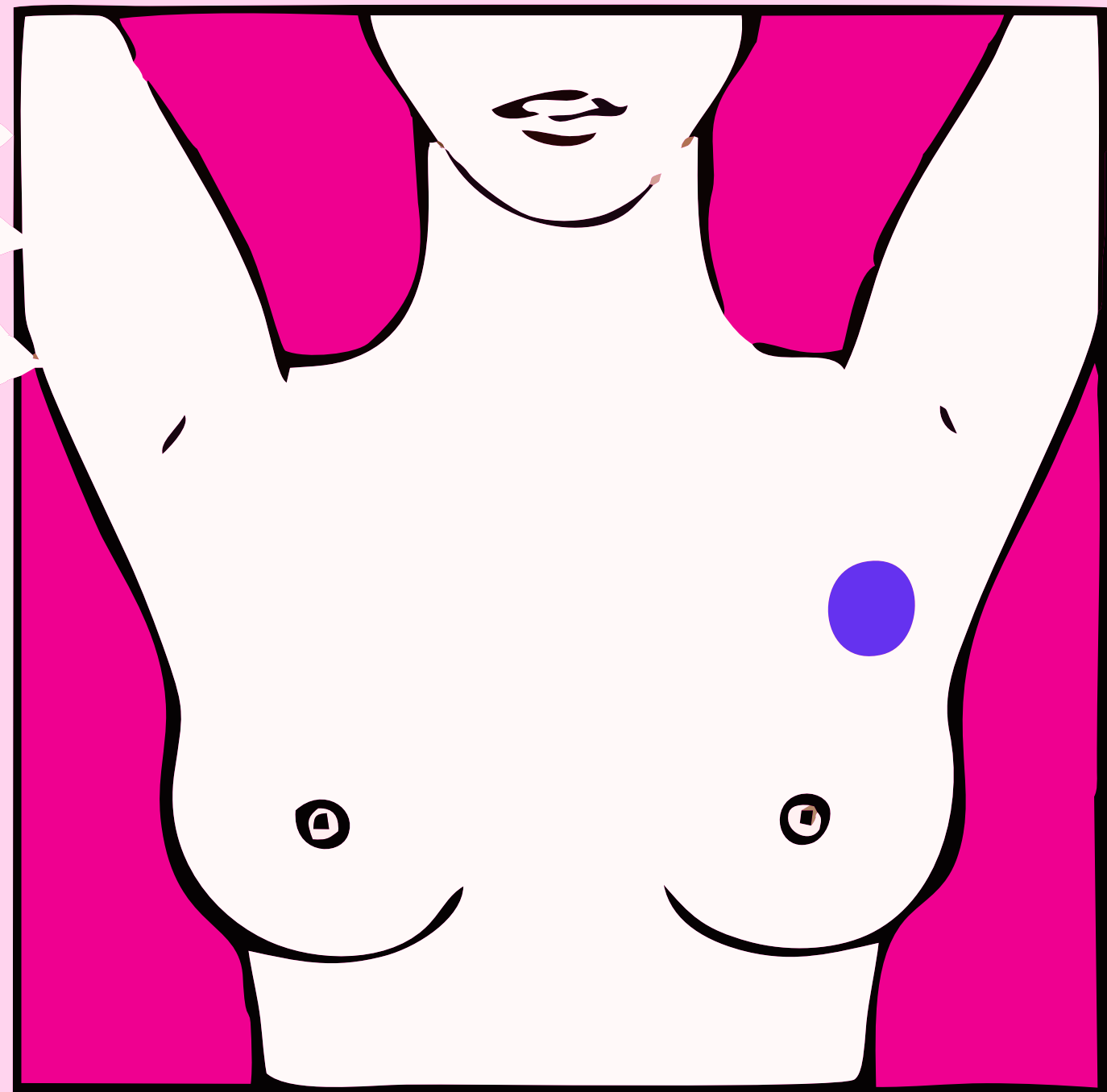
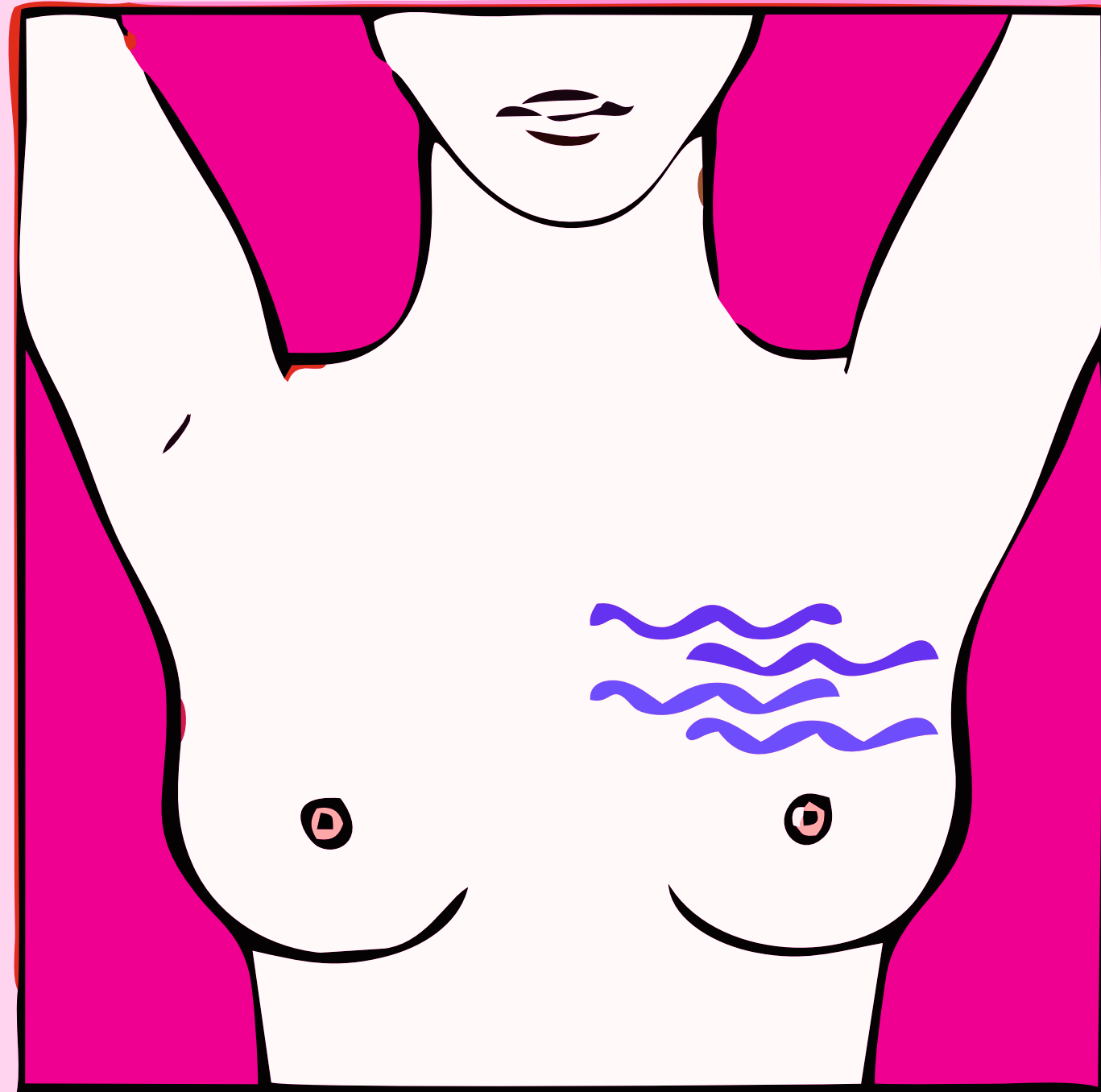


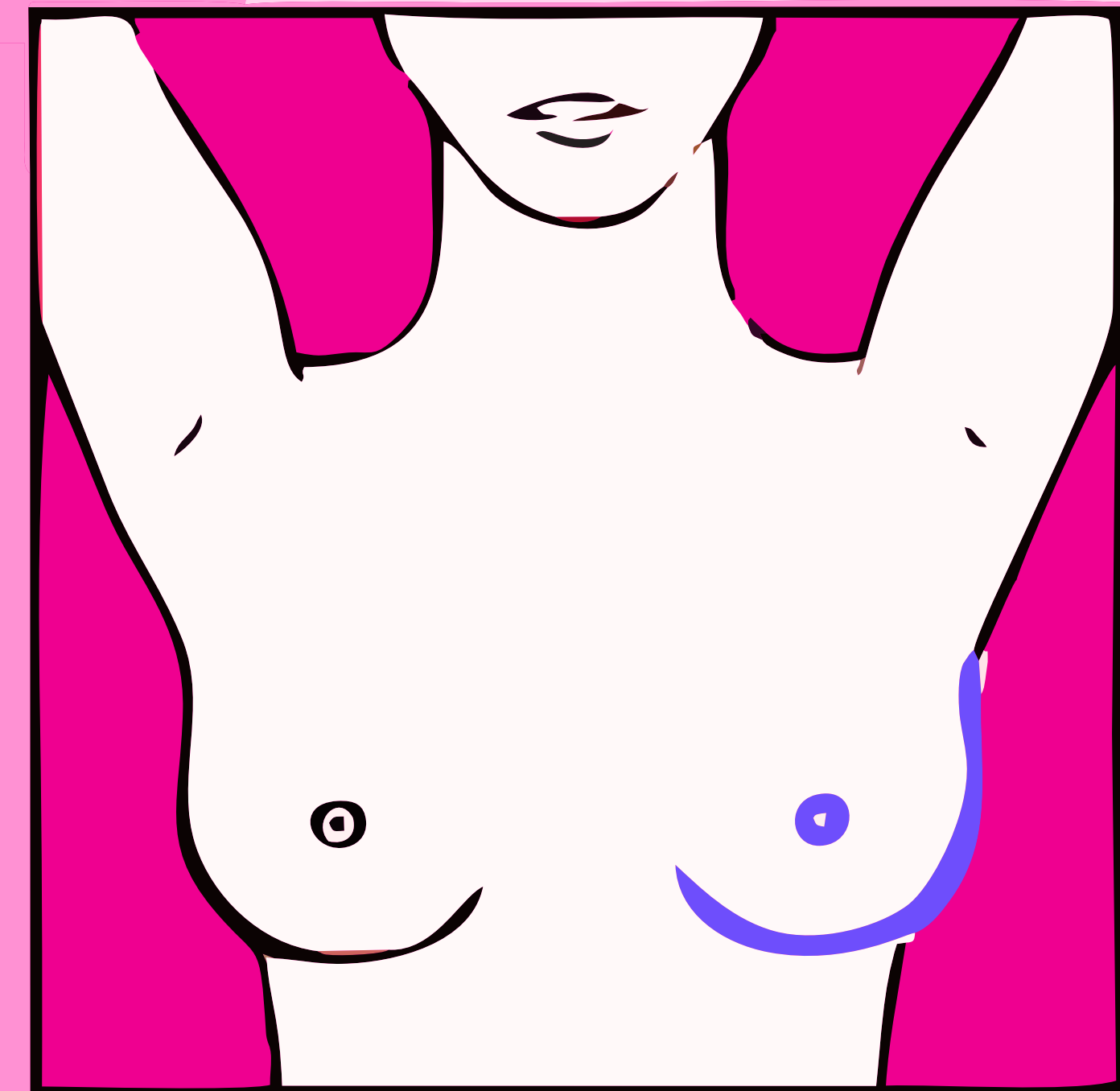
# KNOW THE EARLY WARNING SIGNS



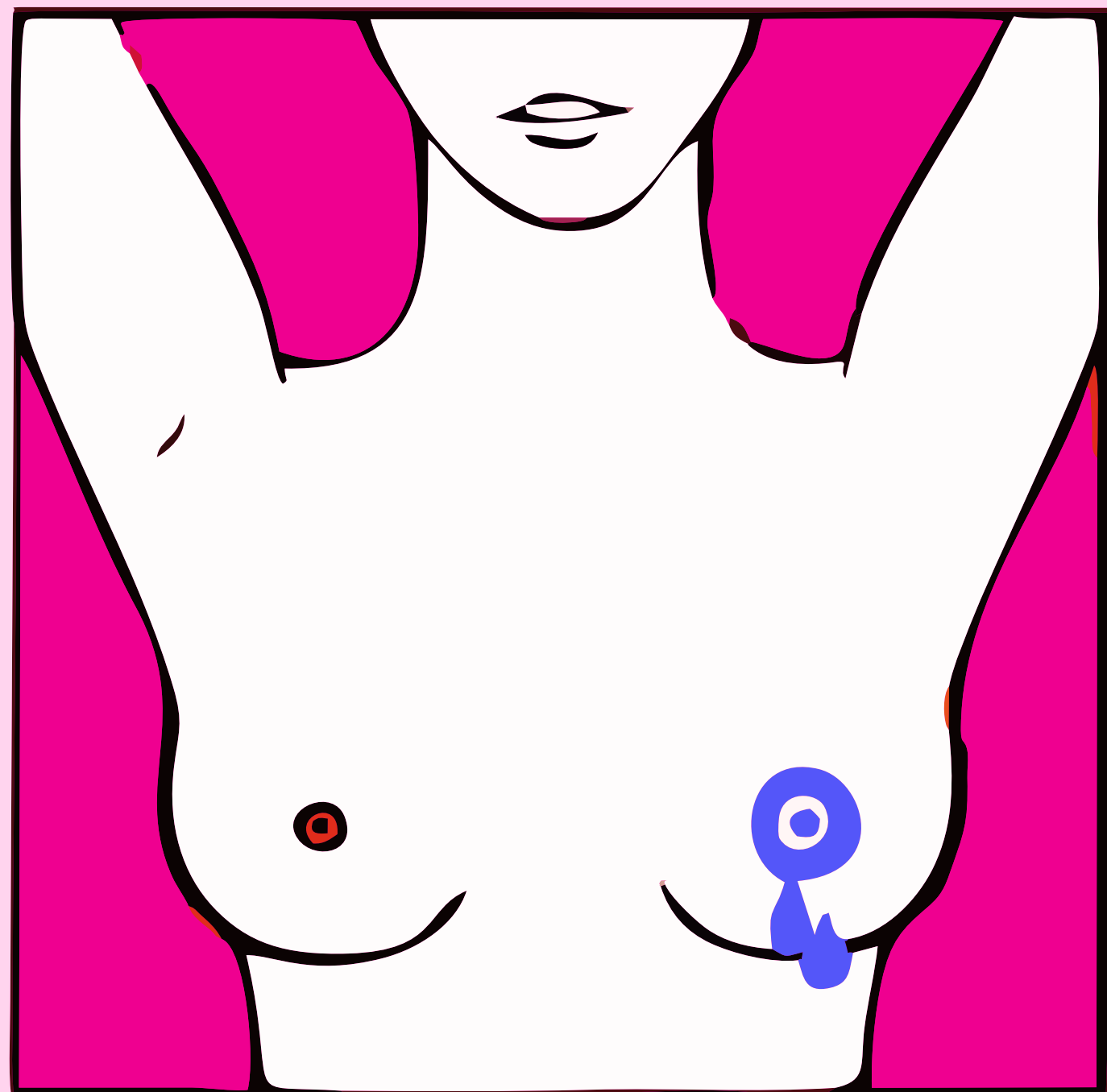
A lump or swelling in your breast or armpit



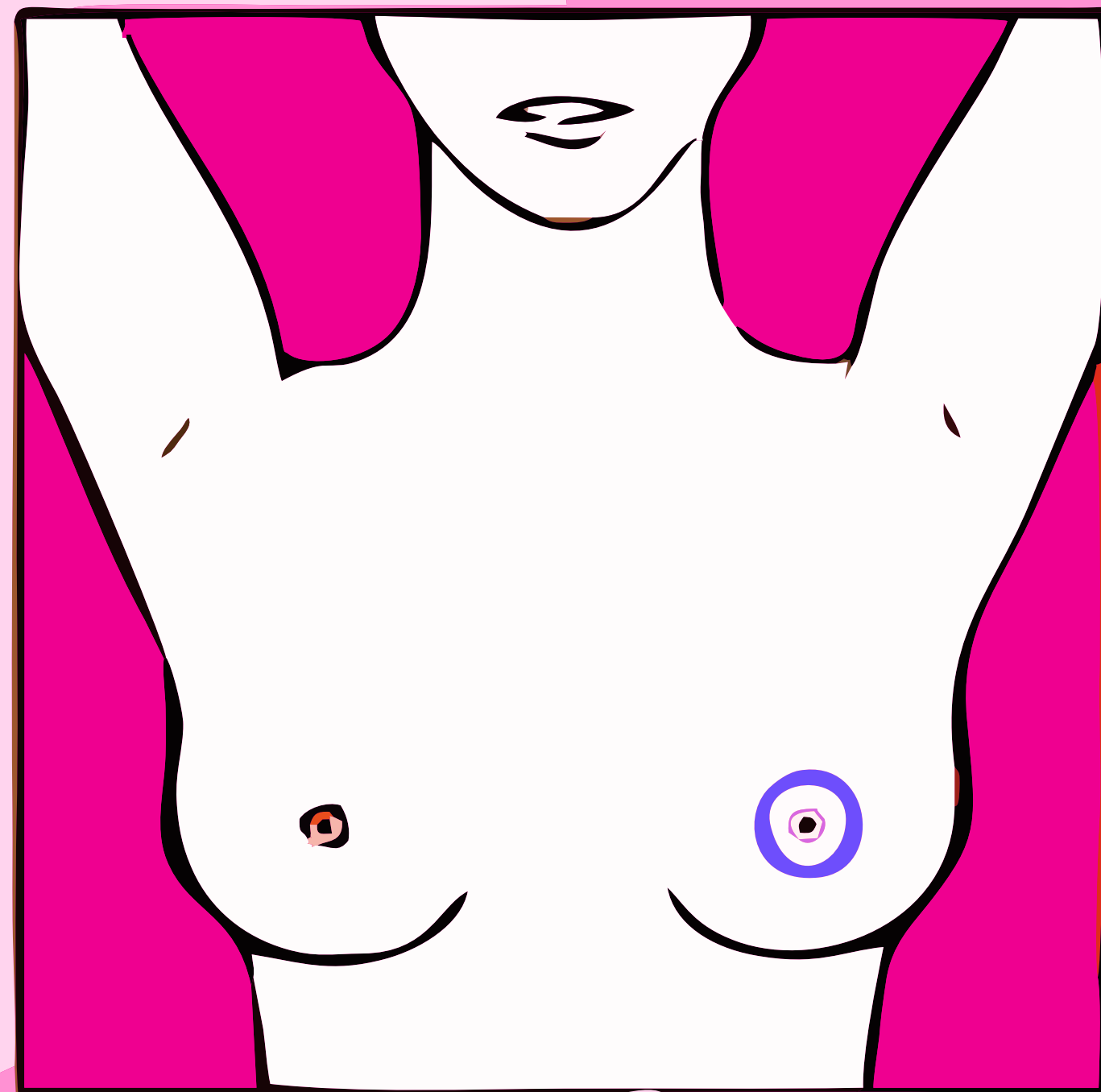
A change in the skin of the breast



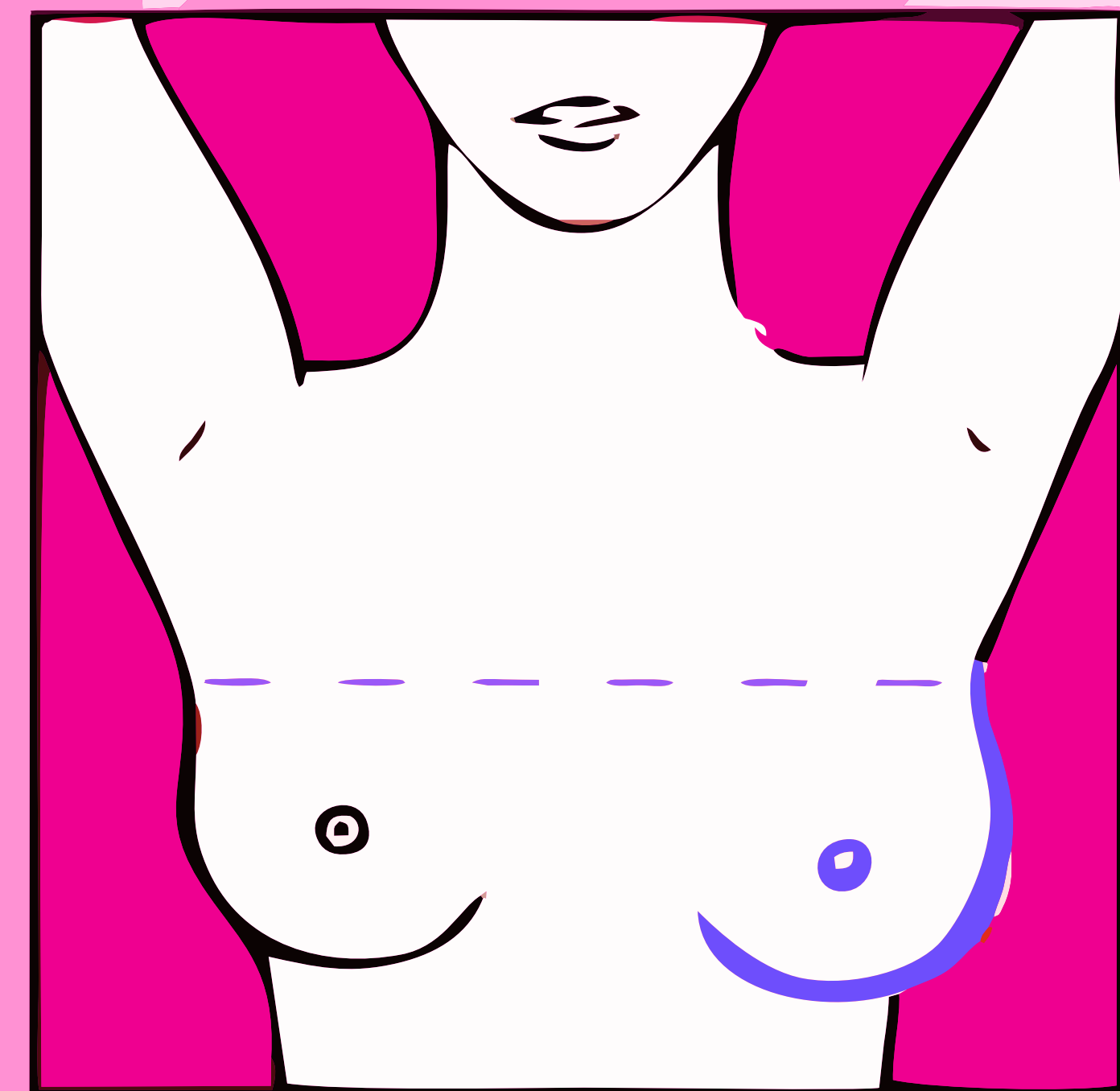
A hot, tender breast



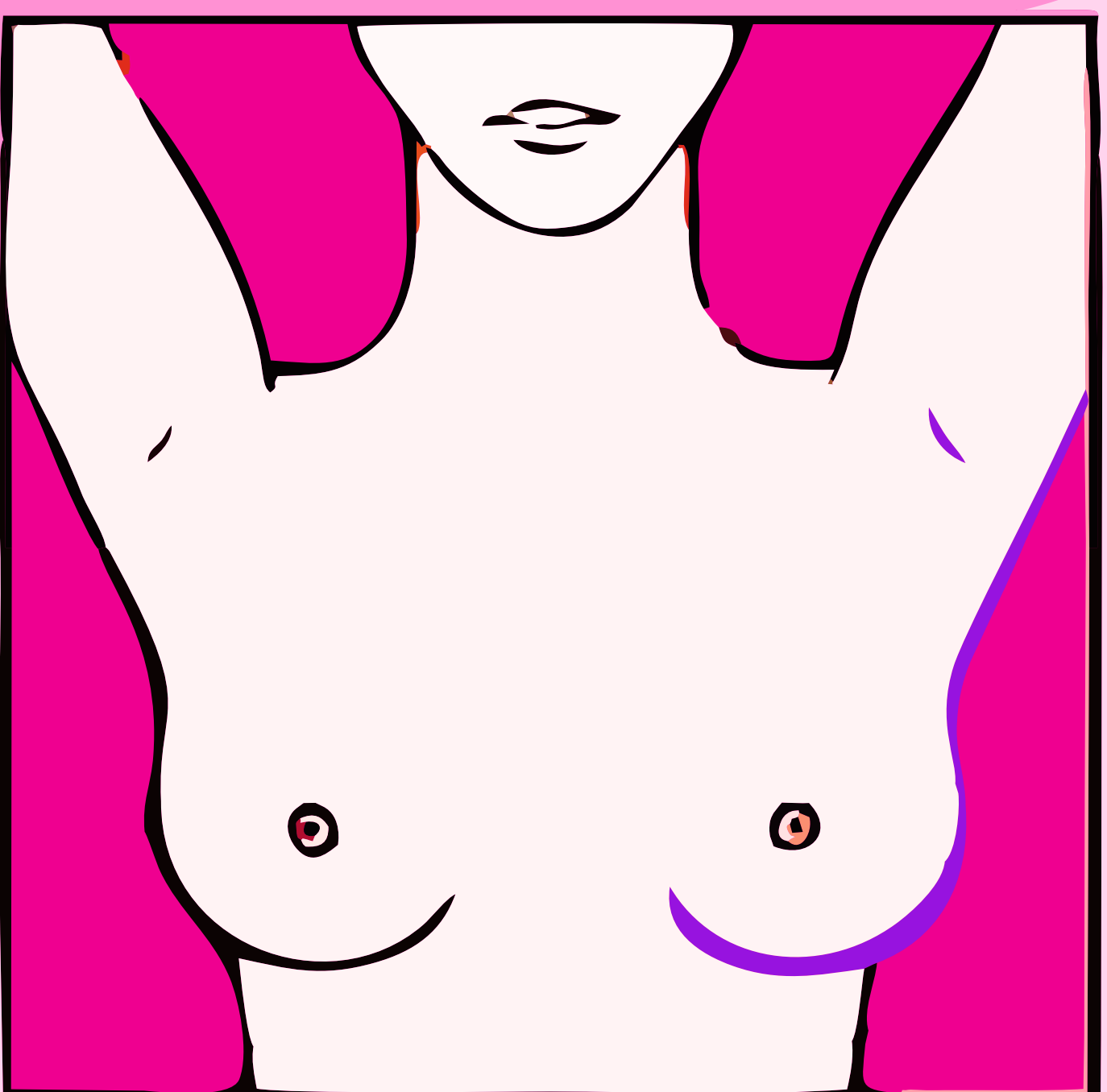
Pushed in or discharge that occurs spontaneously



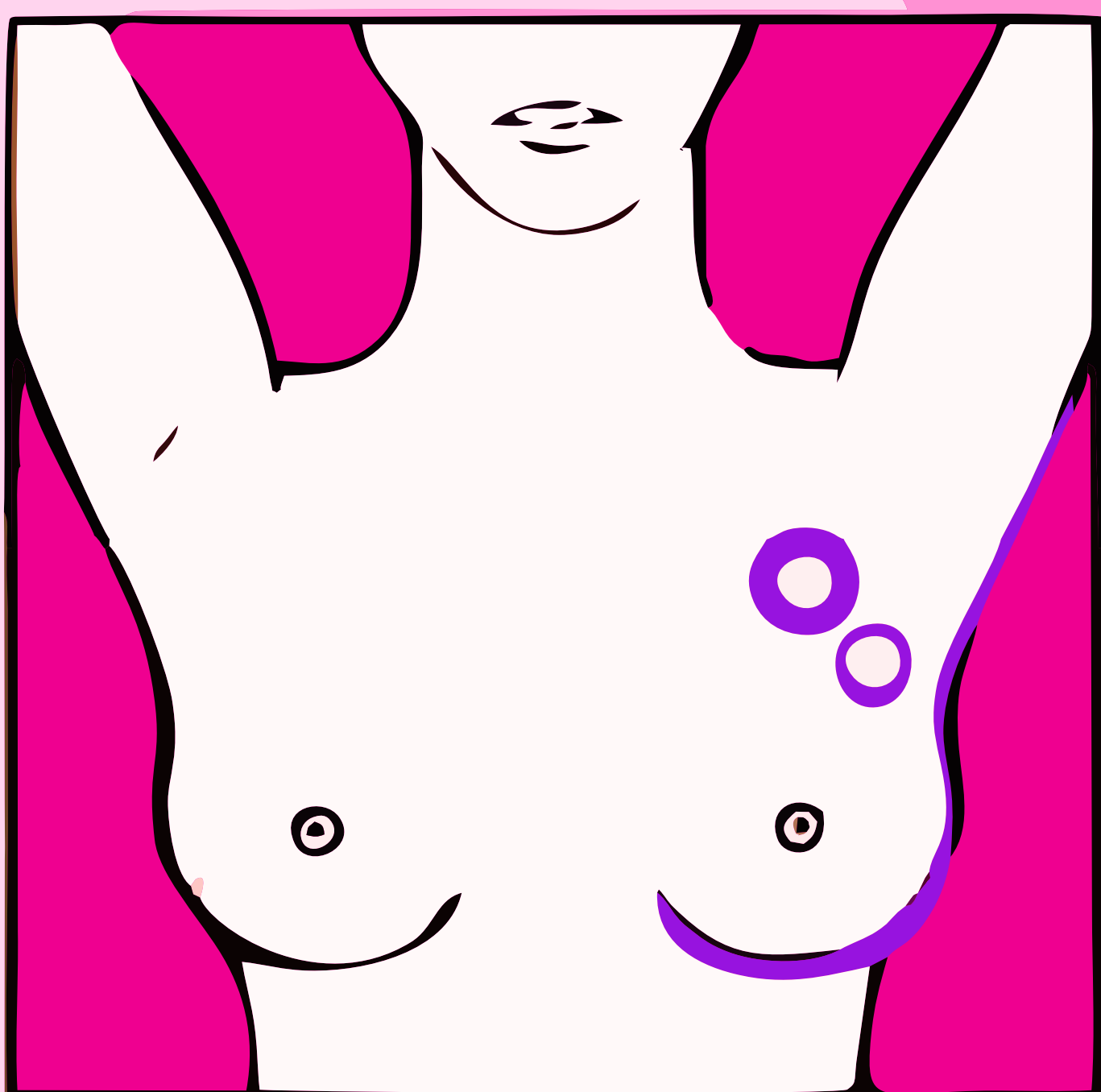
A change in the skin or itching around the nipple



Change in the shape of the breast



An unusual swelling in the armpit of the arm



Specific area of pain or tenderness



0860 283 343

IF IN DOUBT - SEE SOMEONE AND INSIST ON AT LEAST AN ULTRASOUND OR MAMMOGRAM IF OVER 40